

	Monday	Tuesday	Wednesday	Thursday	Friday
BOX					1
LUNCH	<p>Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)</p>		<p>May is Older Americans Month</p> 		<p>Lemon Pepper Fish - 9033 w/ Tartar Sauce (ch b) chicken tenders ch7009 Brown Rice Scandinavian Veggies (2 servings) Cinnamon Teddy Grahams Peaches Diet: same</p>
WEEK					
2	4	5	6	7	8
LUNCH	<p>turkey Ham & Beans - 9062 (ch b) chicken stew ch7022 Mixed Vegetables (2 servings) Cornbread / Margarine Chocolate Chip Cookie Grape Juice 100% Diet: same</p>	<p>Bean & Cheese Burrito - 9113 (ch b) chicken tenders ch7009 Corn Zucchini Salsa Cinnamon Applesauce 2 Wheat Bread / Margarine (ch b only) Diet: same</p>	<p>Ham Sandwich on White - 9125 (ch b) roast beef sandwich on white ch7031 Broccoli Cheese Soup w/ Crackers (cong only) 3 Bean Salad Potato Salad Fruit Cocktail Mustard (for ham only) Horseradish (for roast beef only) Diet: same</p>	<p>Smoked Turkey Sausage w/ Sauerkraut - 9055 (ch b) meatloaf w/ gravy ch7016 Mashed Potatoes Green Beans Rye Bread (2 pcs) Pineapple Tidbits Mustard / Ketchup Diet: same</p>	<p>Mother's Day Celebration</p> <p>Spaghetti & Meatballs - 9035 w/ Marinara & Parmesan (ch b) turkey tetrazzini ch7062 Italian Vegetables Spinach / Vinegar Apple Juice 100% Mini Chocolate Eclairs (2 ea) Diet: Chocolate Sponge Cake</p> 
WEEK					
3	11	12	13	14	15
LUNCH	<p>Chicken and Brown Rice w/ Gravy - 9023 (ch b) beef & rice w/gravy ch7041 Broccoli Diced Carrots Wheat Bread / Margarine Manadarin Oranges Diet: same</p>	<p>Cinci-Style Chili - 9112 w/ Spaghetti (ch b) roast beef w/gravy ch7025 Kidney Beans Broccoli Pears Cheddar Cheese (ch A only) Oyster Crackers (ch A only) 2 Wheat Bread / Margarine (ch b only) Diet: same</p> 	<p>Chicken Alfredo over Spaghetti - 9064 (ch b) salmon croquette ch7050 Broccoli Carrots Baked Cinnamon Apples 1 Wheat Bread / Margarine (ch b only) Diet: same</p>	<p>Summer Salad - 9070 w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Unsalted Saltine Crackers (2 pk) Ranch Dressing (ch b) beef & noodles w/gravy green beans, diced carrots ch7052 Orange Juice 100% Animal Crackers Diet: same</p>	<p>Country Fried Steak w/Gravy - 9063 (ch b) grilled chicken brst ch7026 Potato Wedges Green Beans Dinner Roll / Margarine Fruit Punch 100% Sponge Cake Diet: same</p> 
WEEK					<p>Happy May Birthday!</p>
4	18	19	20	21	22
LUNCH	<p>BBQ Beef - 9051 (ch b) grilled chicken brst ch7026 Peas & Onions Peach Dessert Cole Slaw Bun Diet: same</p>	<p>Chicken Salad Sandwich on Wheat - 9047 (ch b) ham salad sandwich on wheat ch7057 Vegetable Beef & Barley Soup w/ Crackers (cong only) Potato Salad Cole Slaw Strawberry Applesauce Diet: same</p> 	<p>Beef & Noodles - 9008 (ch b) chicken & noodles ch7037 w/ Gravy Green Beans Carrots Cranberry Juice Chocolate Elf Cookies Diet: same</p>	<p>Roast Turkey w/Gravy - 9005 (ch b) country fried steak w/gravy ch7054 Mashed Potatoes Vegetable Medley Dinner Roll / Margarine Chocolate Sponge Cake Pineapple-Orange Juice 100% Diet: same</p>	<p>Grilled Chicken w/ BBQ Sauce - 9049 (ch b) hamburger ch7006 Green Beans Yellow Squash Bun Fruit Cocktail Diet: same</p> 
WEEK					
5	25	26	27	28	29
LUNCH	<p>Memorial Day</p> 	<p>Swedish Meatballs - 9053 (ch b) chicken & gravy ch7037 Egg Noodles Broccoli Carrots Animal Crackers Grape Juice 100% Diet: same</p>	<p>Turkey Sandwich on Wheat - 9032 (ch b) ham sandwich on wheat ch7044 Potato Salad Coleslaw Peaches Mayo (for turkey only) Mustard (for ham only) Diet: same</p> 	<p>Hamburger - 9071 (ch b) sliced deli ham ch7005 w/ Swiss American Cheese slice Potato Wedges Broccoli Bun Pineapple Tidbits Mustard / Ketchup Diet: same</p> <p>National Hamburger Day</p>	<p>Broccoli Cheddar Chicken - 9031 (ch b) cheesy beef & broccoli ch7042 Brown Rice Oregon Vegetables Corn Chocolate Chip Cookie Applesauce Diet: same</p>
WEEK					
6					